

Psychiatric Crisis – Hampden County/Springfield (BHN): [413-733-6661](tel:413-733-6661)

Psychiatric Crisis – Hampshire County: [413-586-5555](tel:413-586-5555)

Child Psychological Trauma Specialists: [800-LINKKID](tel:800-LINKKID)

Crisis: [883-773-2445](tel:883-773-2445)

If it's an emergency, please dial: 998 to speak with the emergency crisis line